## **CLAIMS**

- 1. A method for measuring a free insulin receptor  $\alpha$ -subunit in blood, wherein the method comprises the steps of:
- (1) contacting a blood sample with an antibody recognizing the insulin receptor  $\alpha$ -subunit;

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- (2) detecting binding of said antibody to the insulin receptor  $\alpha$ -subunit present in blood; and
- (3) determining the amount of free insulin receptor α-subunit in blood based on the level of binding detected between said antibody and subunit.
  - 2. The method of claim 1, wherein the antibody recognizing the insulin receptor  $\alpha$ -subunit is a first antibody that is bound to a solid phase or comprises a label that can be bound to a solid phase, and the method comprises the step of detecting the insulin receptor  $\alpha$ -subunit bound to the first antibody by binding a second antibody recognizing the insulin receptor  $\alpha$ -subunit.
  - 3. A reagent for measuring a free insulin receptor  $\alpha$ -subunit in blood, wherein the reagent comprises an antibody recognizing the insulin receptor  $\alpha$ -subunit.
- 20 4. A method for diagnosing diabetes, wherein the method comprises the steps of:
  - a) measuring the amount of a free insulin receptor  $\alpha$ -subunit in a biological sample of a subject;
  - b) comparing the amount of the free insulin receptor  $\alpha$ -subunit with that of a control; and
- c) determining the subject to have diabetes when the amount of free insulin receptor  $\alpha$ -subunit in the biological sample of the subject is greater than that of the control.
  - 5. The method for diagnosis of claim 4, wherein the biological sample is a blood sample.
- 6. The method for diagnosis of claim 5, wherein the amount of the free insulin receptor α-subunit is measured by the method of claim 1.
  - 7. A reagent for diagnosing diabetes, wherein the reagent comprises an antibody recognizing a peptide comprising the amino acid sequence of an insulin receptor  $\alpha$ -subunit.
  - 8. A method for diagnosing cancer, wherein the method comprises the steps of:

- (a) measuring the amount of a free insulin receptor  $\alpha$ -subunit in a biological sample of a subject;
- (b) comparing the amount of the free insulin receptor  $\alpha$ -subunit with that of a control; and
- (c) determining the subject to have cancer when the amount of the free insulin receptor  $\alpha$ -subunit in the biological sample of the subject is greater than that of the control.
  - 9. The method for diagnosis of claim 8, wherein the biological sample is a blood sample.
- 10 10. The method for diagnosis of claim 9, wherein the amount of the free insulin receptor α-subunit is measured by the method of claim 1.
  - 11. A reagent for diagnosing cancer, wherein the reagent comprises an antibody recognizing a peptide comprising the amino acid sequence of an insulin receptor  $\alpha$ -subunit.

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